



*Keenan's of  
Tarmonbarry*

# A la Carte Menu

A la Carte Menu is served Monday - Sunday 12.00 - 20.30

**Homemade Soup of the Day**  
homemade brown bread  
€5.50

**Creamy Seafood Chowder,**  
homemade brown bread  
€6.95 Starter Size  
€9.95 Main Course Size

**Halloumi, Beetroot &  
caramelised Walnut Salad**  
with balsamic dressing,  
organic leaves & house  
dressing  
€7.95

**Black Pudding and Smoked  
Bacon** with shaved apple  
slaw, sprinkled with roasted  
nuts  
€7.95

**Crispy Chicken Wings** with  
choice of BBQ or Hot Sauce,  
side Blue cheese mayo &  
celery sticks  
€9.95

**Garlic Mushrooms** with  
tossed salad, garlic  
mayonnaise  
€7.95

**12 oz Irish Sirloin Steak,** sauté  
onions & mushrooms, side of  
chips, choice of pepper sauce or  
garlic butter  
€27.95

**Keenan's 6oz Steak Sandwich**  
on toasted ciabatta bread, garlic  
butter, topped with sauté onions  
& mushrooms, served with a  
side of chips & pepper sauce  
€16.95

**Keenan's Gourmet Beef Burger**  
smoked cheese, streaky bacon,  
Ballymaloe relish,  
mustard/mayonnaise, red  
onion, lettuce & tomato, with a  
side of red onion marmalade &  
chunky  
chips  
€15.95

**Beer Battered Fish of the Day**  
with side salad, tartare sauce &  
chunky chips  
€17.95

**Mediterranean Baked Cod** with  
a spinach, sundried tomato,  
mozzarella cheese, herb & black  
olive crust, served with side  
salad & chips, creamy white  
wine sauce  
€18.95

**Chicken Goujons** served with  
side salad & chips, with garlic  
mayonnaise or ginger &  
chilli mayonnaise  
€15.95

**Cajun Chicken Breast** on toasted  
ciabatta, with garlic mayonnaise  
& sweet chilli jam, salad and chips  
€15.95

**Wild Mushroom Tagliatelle** in  
creamy, white wine & blue cheese,  
with spinach & mushrooms,  
served with  
toasted ciabatta & sundried  
tomato pesto  
€13.95

**Add Chicken €16.95**

**Baked Vegetarian Lasagne**  
with courgette, mushroom & leek,  
with creamy tomato and basil  
sauce, mozzarella and cheddar  
cheese, served with side salad and  
chips  
€15.95

**Toasted Special**  
Honey Baked Ham, cheddar  
cheese, tomato & red onion on  
brown or  
white bread, with wholegrain  
mustard & mayonnaise. Served  
with chips  
€8.95

**Keenan's Fruit Scone,** served  
with jam & cream  
€2.85

**Side Orders**  
Garlic Potatoes €3.95  
Vegetable Selection €3.95  
Chips €2.95  
Side Salad €2.95





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# Evening Specials

Evening Specials Available Monday - Sunday, 17.00 - 20.30

**Mussels**, white wine and garlic cream, served with brown bread **€9.95**

**Warmed Pear & Goats Cheese Salad** with mixed leaf, red onion, pomegranate, blackberry & candied walnuts, citrus dressing **€8.95**

**Baked Duck Spring Roll** in crispy filo pastry, rocket salad, drizzled with hoisin & lime, and chili jam **€9.95**



**Corn-fed Chicken Supreme** topped with a rosemary & macadamia nut crust, a white wine, smoked bacon & spinach sauce, gratin potato & roasted root vegetables **€17.95**

**Asian Style Salmon**, peppers, red onion, celery, courgette & chick pea stir-fry, saffron rice, with a soy, ginger & honey dipping sauce **€21.95**

**Roast Duck Confit**, spicy plum sauce, gratin potato & vegetable selection **€21.95**

