



Keenan's of
Tarmonbarry

A la Carte Menu

A la Carte Menu is served Monday - Sunday 12.00 - 20.30

Homemade Soup of the Day
homemade brown bread
€5.50

Creamy Seafood Chowder,
homemade brown bread
€6.95 Starter Size
€9.95 Main Course Size

**Halloumi, Beetroot &
caramelised Walnut Salad**
with balsamic dressing,
organic leaves & house
dressing
€7.95

**Black Pudding and Smoked
Bacon** with shaved apple
slaw, sprinkled with roasted
nuts
€7.95

Crispy Chicken Wings with
choice of BBQ or Hot Sauce,
side Blue cheese mayo &
celery sticks
€9.95

Garlic Mushrooms with
tossed salad, garlic
mayonnaise
€7.95

12 oz Irish Sirloin Steak, sauté
onions & mushrooms, side of
chips, choice of pepper sauce or
garlic butter
€27.95

Keenan's 6oz Steak Sandwich
on toasted ciabatta bread, garlic
butter, topped with sauté onions
& mushrooms, served with a
side of chips & pepper sauce
€16.95

Keenan's Gourmet Beef Burger
smoked cheese, streaky bacon,
Ballymaloe relish,
mustard/mayonnaise, red
onion, lettuce & tomato, with a
side of red onion marmalade &
chunky
chips
€15.95

Beer Battered Fish of the Day
with side salad, tartare sauce &
chunky chips
€17.95

Mediterranean Baked Cod with
a spinach, sundried tomato,
mozzarella cheese, herb & black
olive crust, served with side
salad & chips, creamy white
wine sauce
€18.95

Chicken Goujons served with
side salad & chips, with garlic
mayonnaise or ginger &
chilli mayonnaise
€15.95

Cajun Chicken Breast on toasted
ciabatta, with garlic mayonnaise
& sweet chilli jam, salad and chips
€15.95

Wild Mushroom Tagliatelle in
creamy, white wine & blue cheese,
with spinach & mushrooms,
served with
toasted ciabatta & sundried
tomato pesto
€13.95

Add Chicken €16.95

Baked Vegetarian Lasagne
with courgette, mushroom & leek,
with creamy tomato and basil
sauce, mozzarella and cheddar
cheese, served with side salad and
chips
€15.95

Toasted Special
Honey Baked Ham, cheddar
cheese, tomato & red onion on
brown or
white bread, with wholegrain
mustard & mayonnaise. Served
with chips
€8.95

Keenan's Fruit Scone, served
with jam & cream
€2.85

Side Orders
Garlic Potatoes €3.95
Vegetable Selection €3.95
Chips €2.95
Side Salad €2.95





*Keenan's of
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Evening Specials

Evening Specials Available Monday - Sunday, 17.00 - 20.30

Mussels, white wine and garlic cream, served with brown bread **€9.95**

Goats Cheese Summer Salad with summer fruits, citrus dressing & roasted flaked almonds **€8.95**

Baked Duck Spring Roll in crispy filo pastry, rocket salad, drizzled with hoisin & lime, and chili jam **€9.95**



Corn-fed Chicken Supreme topped with a rosemary & macadamia nut crust, a white wine, smoked bacon & spinach sauce, gratin potato & roasted root vegetables **€17.95**

Fresh Herb crusted Salmon on bed of organic rocket & spinach, pumpkin seeds, beetroot, vine tomatoes, orange segments & peppers **€21.95**

Roast Duck Confit, spicy plum sauce, gratin potato & vegetable selection **€21.95**

